

First Aid Updates - Match Columns (Answers)

- a. Shock
 - b. Anaphylaxis
 - c. Critical Incident Stress
 - d. Aspiration
 - e. Angina
 - f. Stroke
 - g. Hypothermia
 - h. Squeezes
 - i. Heart Attack
 - j. TIA
 - k. Air Embolism
- h Going to bottom with goggles on
 - g Try to get out or freeze self to ice within 10 minutes
 - a Deadliest human condition
 - e/i Aspirin + Nitro = OK
Aspirin + SDMs = OK
 - b Medication only a TEMPORARY fix for 5 to 20 minutes
 - j Symptoms could last a few seconds up to 24 hours
 - g Need 1 minute to control breathing
 - d After deep breath causes coughing spasm = need hospitalization
 - a WARTS = treatment
 - f Clot busters required within 3 hours of symptom-onset to be effective
 - f/j Absolutely NO medications given
 - g H2O causes body to cool 25x faster
 - e/i If you have taken any SDMs in last 72 hours, taking nitro can kill you.
 - b Medication = Epi-pen or Twinject
 - e/f/i/j Next generation = potentially 14 to 16 year old for first time
 - g Dr. Giesbrecht & the 1-10-1 rule
 - k Treatment = legs up at 45degree angle + lie on left side + helicopter to Edmonton under 1500ft
 - c Condition causing various physical & psychological symptoms during or minutes or hours or days or weeks after rescue.
 - a Talking to victim = key to treatment (conscious or unconscious)