

# PROVIDING EFFECTIVE FEEDBACK

## The purpose of feedback...

- Helps guide the learner's performance improvement
  - Helps the learner measure his/her improvement
- Helps keep the learner's interest in the task at hand

## **THEREFORE:**

- \_\_\_ Provide feedback **immediately**
- \_\_\_ Concentrate on what is **right** first (*i.e. what do you want them to continue doing?*)
- \_\_\_ Indicate **one change** you would recommend to improve his/her next performance (*i.e. focus on one correction at a time – choose the most important one first*)
- \_\_\_ Deal with **changeable behaviours** only (*i.e. focus on things like his/her voice projection, the non-verbal cues used, the terminology used, his/her body posture or technical information used while teaching*)
- \_\_\_ Be **specific**, concrete and positive (*i.e. avoid the generic term “good”; instead note what was good?*)
- \_\_\_ Use **imagery** whenever possible (*e.g. Swim “thin”*)
- \_\_\_ Use **corrective statements** rather than value statements (*i.e. deal with facts ... “When you pull across the center line of the body, your body travels side to side instead of in a straight line.”*)
- \_\_\_ Relate how the **change affects the whole** skill (*i.e. “When you pull to center line only, all of your momentum will be pushing you forward. This will make you swim much faster.”*)

