

<b>Lifesaving Society Content (as per 2005 CPR Guidelines)</b>	<b>AED (add-on to any CPR)</b>	<b>CPR A (stand alone)</b>	<b>CPR B (stand alone)</b>	<b>CPR C (stand alone)</b>	<b>CPR HCP (stand alone)</b>	<b>EFA (add-on to CPR A)</b>	<b>SFA (add on to CPR C)</b>	<b>AEC (add on to CPR C)</b>	
<b>Anatomy &amp; Physiology</b>									
<i>Respiratory System</i>	n/a	Implied	Implied	Implied	Implied	x	Previous	Previous	
<i>Circulatory System</i>	n/a	Implied	Implied	Implied	Implied	x	Previous	Previous	
<b>Medical/Legal Implications</b>									
<b>Disease Prevention (Universal Precautions)</b>									
<i>a) Improvisation of First Aid materials (including barriers)</i>	Implied	Implied	Implied	Implied	Implied	x	Previous	Previous	
<i>b) Handwashing</i>	Implied	Implied	Implied	Implied	Implied	x	Previous	Previous	
<i>c) Use of barriers ...surgical gloves &amp; breathing masks</i>	Implied	Recommend	Recommend	Recommend	Recommend	x	Previous	Previous	
<b>Legalities of First Aid (i.e. SK EMA Act)</b>									
<i>a) Obtaining permission beforehand</i>	Implied	Implied	Implied	Implied	Implied	x	Previous	Previous	
<i>b) When one may stop first aid legally</i>	Implied	Implied	Implied	Implied	Implied	x	Previous	Previous	
<b>Critical Incident Stress (protecting rescuer)</b>	Implied	Implied	Implied	Implied	Implied	Implied	x	Previous	
<b>Primary Assessment - Cons &amp; Uncons</b>									
<i>Scene Survey</i>	x	x	x	x	x	x	Previous	Previous	
<i>Level of Consciousness/Establish Responsiveness</i>	x	x	x	x	x	x	Previous	Previous	
<i>Chief complaint</i>	n/a	n/a	n/a	n/a	n/a	Implied	Implied	Implied	
<i>Effective management/direction of bystanders</i>	x	x	x	x	x	x	Previous	Previous	
<i>EMS Activation</i>	x	x	x	x	x	x	Previous	Previous	
<i>ABC check</i>	x	x	x	x	x	x	Previous	Previous	
<i>Bleeding check</i>	n/a	n/a	n/a	n/a	n/a	x	Previous	Previous	
<i>Mechanism of Injury</i>	n/a	n/a	n/a	n/a	n/a	x	Previous	Previous	
<i>HCP Add-on = Assessment steps</i>	n/a	n/a	n/a	n/a	x	n/a	n/a	n/a	
<b>Secondary Assessment - Cons &amp; Uncons</b>									
<i>Assessment of pulse &amp; breathing rates</i>	n/a	n/a	n/a	n/a	n/a	Implied	Implied	Implied	
<i>Vital Signs</i>	n/a	n/a	n/a	n/a	n/a	x	Previous	Previous	
<i>Head-to-Toe</i>	n/a	n/a	n/a	n/a	n/a	x	Previous	Previous	
<i>History</i>	n/a	x	x	x	x	x	Previous	Previous	
<b>Airway Obstruction - Conscious</b>									
<i>Adult (Mild &amp; Severe)</i>	n/a	x	x	x	x	x	Previous	Previous	
<i>Child (Mild &amp; Severe)</i>	n/a	x	x	x	x	x	Previous	Previous	
<i>Infant (Mild &amp; Severe)</i>	n/a	n/a	x	x	x	n/a	x	Previous	
<i>Complications: Pregant/Obese</i>	n/a	x	x	x	x	x	Previous	Previous	
<b>Airway Obstruction - Conscious to Unconscious</b>									
<i>Adult</i>	n/a	x	x	x	x	x	Previous	Previous	
<i>Child</i>	n/a	n/a	x	x	x	x	Previous	Previous	
<i>Infant</i>	n/a	n/a	x	x	x	n/a	x	Previous	
<b>Airway Obstruction - Unconscious</b>									
<i>Adult</i>	n/a	x	x	x	x	x	Previous	Previous	
<i>Child</i>	n/a	n/a	x	x	x	x	Previous	Previous	
<i>Infant</i>	n/a	n/a	x	x	x	n/a	x	Previous	
<b>Breathing Emergencies</b>									
<i>Hyperventilation</i>	n/a	n/a	n/a	n/a	n/a	x	Previous	Previous	
<i>Asthma</i>	n/a	n/a	n/a	n/a	n/a	x	Previous	Previous	
<i>Severe Allergic Reaction</i>	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous	
<i>Aspiration</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	Implied	
<b>CPR - 1 rescuer</b>									
<i>Adult</i>	n/a	x	x	x	x	x	Previous	Previous	
<i>Child</i>	n/a	n/a	x	x	x	x	Previous	Previous	
<i>Infant</i>	n/a	n/a	x	x	x	n/a	x	Previous	
<i>Complications (vomiting) &amp; Adaptations (nose/stoma)</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
<b>CPR - 2 rescuer</b>									
<i>Adult</i>	n/a	n/a	n/a	x	x	n/a	x	Previous	
<i>Child</i>	n/a	n/a	n/a	x	x	n/a	x	Previous	
<i>Infant</i>	n/a	n/a	n/a	x	x	n/a	x	Previous	
<i>HCP Add-on = Set ratio change</i>	n/a	n/a	n/a	n/a	x	n/a	n/a	n/a	
<i>HCP Add-on = Bag-Valve-Mask (BMV) &amp; Thumb-technique</i>	n/a	n/a	n/a	n/a	x	n/a	n/a	n/a	
<b>AED Familiarization ONLY</b>									
<i>Adult</i>	n/a	x	x	x	x	x	Previous	Previous	
<i>Child</i>	n/a	n/a	x	x	x	x	Previous	Previous	
<i>Infant</i>	n/a	n/a	x	x	x	n/a	x	Previous	
<b>Circulatory Emergencies</b>									
<i>Recovery Position</i>	n/a	x	x	x	x	x	Previous	Previous	
<i>Shock</i>	n/a	Implied	Implied	Implied	Implied	x	Previous	Previous	
<i>Fainting</i>	n/a	n/a	n/a	n/a	n/a	Implied	Implied	Implied	
<i>Angina</i>	n/a	x	x	x	x	x	Previous	Previous	
<i>Heart Attack</i>	n/a	x	x	x	x	x	Previous	Previous	
<i>TIA (head injury, vessel burst or clot, air embolism)</i>	n/a	x	x	x	x	x	Previous	Previous	
<i>Stroke (head injury, vessel burst or clot, air embolism)</i>	n/a	x	x	x	x	x	Previous	Previous	
<i>External Bleeding (cuts, scrapes, nosebleeds &amp; embedded objects)</i>	n/a	n/a	n/a	n/a	n/a	All	Previous	Previous	

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<b>Bone or Joint Injury</b>									
<i>Causes</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Fractures - open/closed</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Sprains</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Dislocations</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<b>Suspected Head Injury</b>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<b>Suspected Spinal Injury (Land)</b>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<b>Suspected Spinal Injury (Shallow water)</b>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x
<b>Suspected Spinal Injury (Deep to shallow)</b>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
<b>Environmental Emergencies</b>									
<i>Frostbite</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Hypothermia - mild, moderate &amp; severe</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Heat Cramps</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Heat Exhaustion</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Heat Stroke</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<b>Pressure-Related Injury</b>									
<i>Decompression Sickness</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x
<i>Air Embolism</i>	n/a	Implied	Implied	Implied	Implied	Implied	Implied	Implied	x
<i>Squeezes</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x
<b>Facial Injury</b>									
<i>Foreign body in ear</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Cut or bruise of eye</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Chemical splash in eye</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Puncture or scrape of eyes</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Blood/fluid from ear</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Broken Tooth</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Loose/displaced tooth</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Mouth laceration</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Broken nose</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<b>Abdominal/Chest Injury</b>									
<i>Flail Chest</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Broken Ribs</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Pneumothorax - open/closed</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Blunt Abdominal Injury</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Wounds to chest wall or abdomen</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<b>Burns</b>									
<i>Heat - mild, moderate &amp; severe</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Wet Chemical</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Dry Chemical</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Electrical</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<b>Seizure</b>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<b>Diabetes</b>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<b>Poisoning</b>									
<i>Injected</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Absorbed</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Inhaled</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<i>Ingested</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x	Previous
<b>Shallow Water Rescue (one of the following)</b>									
<i>Bone or Joint Injury</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x
<i>Abdominal/Chest Injury</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x
<i>Heat, Cold or Pressure Injury</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x
<i>Facial Injury</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x
<i>Suspected Head Injury</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x
<i>Severe chest pain</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x
<i>Unconsciousness</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x
<i>External Bleeding (cuts, scrapes, nosebleeds &amp; embedded objects)</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x
<i>Other medical emergency</i>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	x
<b>Automated External Defibrillation Training ...may be combined with any other CPR/FA course (Required with CPR HCP though)</b>									
<i>AED Knowledge: Use &amp; Operation</i>	x	n/a	n/a	n/a	n/a	x	n/a	n/a	n/a
<i>One Rescuer: AED/CPR</i>	x	n/a	n/a	n/a	n/a	x	n/a	n/a	n/a
<i>Two Rescuer: AED/CPR</i>	x	n/a	n/a	n/a	n/a	x	n/a	n/a	n/a