



## RECERTIFICATION PROCESS FOR INSTRUCTORS AND INSTRUCTOR TRAINERS

- Lifesaving Society Instructors and Instructor Trainers must recertify their awards every two years to remain current.
- In order to recertify, Instructors/Instructor Trainers keep track of their instructing and professional development activity through a credit card system.
- This recertification process is designed to recognize individual needs and interests by encouraging Instructors/Instructor Trainers to learn and improve through continuing education and professional development.

### THE CREDIT CARD:

- The Credit Card is a simple cardboard card that enables you to track the professional development activities and courses you engage in over a two-year period. The card is small enough to fit inside a wallet and is intended to be filled out each time you attend a professional development opportunity, teach a Society course, or take further training, thus earning you recertification credits. *A minimum of three credits is required within two years to recertify your Instructors/Instructor Trainers awards.*
- The same three credits you acquire can be used to recertify multiple Instructor/Instructor Trainer awards at the same time. You do not need three credits for each individual award.
- The credit cards must be validated by the person teaching or evaluating the course or training program. Credit Cards are valid only when signed and dated by this individual. If a blank card is lost, replacements can be obtained from the Society office.
- Credit values for training and education opportunities are included on the back of this sheet.
- Credit points are valid for a two-year period from date earned.**
- A maximum of one credit can be used from non-Lifesaving Society programs. Proof of any non-Lifesaving Society credit used must be provided (*i.e. photocopy of external certification card*).
- Completed Credit Cards can be mailed into the Society Office at 2224 Smith St. Regina, SK S4P 2P4. Please remember to include the current recertification fee along with your credit card.

### PLEASE NOTE:

- Lifesaving Instructors may collect their credits from **any** category on the credit list (*however max one credit may be used from an external agency*).
- NLS, AEC/Standard First Aid, Boat Rescue, BOAT, and AST Instructors may only collect their three credits from the asterisk (\*) marked credits on the list.
- Instructor Trainers may only collect their three credits from the check mark (✓) marked credits on the following list.
- A current CPR certificate must be also provided at the time of recertification for Lifesaving Instructors/Trainers, AEC/Lifesaving First Aid/CPR/AED Instructors (current CPR is within the last 24 months).**

# THE CREDIT LIST FOR RECERTIFICATION

## Section A: Value - 1 CREDIT EACH

### Instruct one of the following complete courses:

- ✓ \*Rookie Patrol, Ranger Patrol, or Star Patrol
- ✓ \*Bronze Star, Bronze Medallion, or Bronze Cross
- Junior Lifeguard Club Coaching Clinic
- Parent Lifeguard
- Occupational Aquatic Safety Training
- ✓ \*Boat Rescue
- ✓ \*NLS
- \*Aquatic Emergency Care
- \*Lifesaving Standard or Emergency First Aid
- \* Boat Operator Accredited Training
- ✓ \*Aquatic Supervisor Training

### Successful completion of one of the following certifications or recertifications:

- \*Bronze Medallion
- \*Bronze Cross
- ✓ \*NLS (any option)
- \*Aquatic Emergency Care
- \*Boat Operator Accredited Training
- \*Boat Rescue
- Junior Lifeguard Club Coaching Clinic
- Examiner Appointment at Bronze level.
- Aquatic Supervisor Training
- Lifesaving Fitness (any level)

### Participate at:

- ✓ \*Volunteer as a judge or official at the Provincial Lifeguard Competition
- Volunteer for the Lifesaving Society
- ✓ \*Full attendance at AGM or National Conference
- ✓ SWIM Update Clinic
- ✓ **Examine** a Bronze Medallion, Bronze Cross, or Distinction award

### ++Other Agencies (max one per recert; provide proof):

- Canadian Red Cross Standard First Aid
- \*Canadian Red Cross Water Safety Instructor
- ✓ \*Canadian Red Cross Instructor Trainer
- \*YMCA Swimming Instructor
- ✓ \*YMCA Aquatics Trainer
- \*St. John's Standard First Aid
- \* Primary Care Paramedic Certification
- \* I Can Swim Canada Instructor certification
- ✓ \*NCCP level I, II or III
- Pool Operators Course
- ✓ Convocation from University (B.Ed.)
- ✓ **NEW...** S4L-Lifesaving Instructor/Instructor-Trainer Assignment (now 3 credits for successful completion of assignment; the assignment will change every two years)

## Section B: Value - 2 CREDITS EACH

### Instruct one of the following complete courses:

- ✓ \*Distinction
- ✓ \*Diploma
- ✓ Lifesaving Instructor
- ✓ NLS Instructor
- ✓ Aquatic Emergency Care/Lifesaving First Aid Instructor
- ✓ BOAT Instructor
- ✓ **Participate** in an approved Lifesaving Society training workshop or inservice

- ✓ \*Lifesaving Society NLS or AEC Examiner appointment
- ✓ \* Lifesaving Society Mentor (any level) appointment
- ✓ \*Lifesaving Society BOAT Instructor certification
- ✓ \*Mentor and apprentice a new instructor/examiner (any level; Bronze/NLS/AEC/SFA)

## Section C: Value - 3 CREDITS EACH

### Successful completion of one of the following:

- ✓ \*Diploma
- Lifesaving Instructor Trainer Clinic
- ✓ \*NLS Instructor Trainer Clinic

- ✓ \*AEC/Standard First Aid Instructor Trainer Clinic
- ✓ \*Full participation at a revisions update clinic
- ✓ \*Facilitating a full revisions update clinic

**++Provide a copy of your current CPR certificate (within the last 24 months) at the time of recertification for: Lifesaving Instructors/ITs or AEC/Lifesaving First Aid/CPR/AED Instructors or Instructor-Trainers.**

**++If using a non-Lifesaving Society credit, please provide proof of external credit (e.g. photocopy of card).**

### +++NEW: 2011 Instructor Recertification Fee:

**\$31 for first certification & additional \$6 for each additional Instructor/IT certification (e.g. 4 Instructor/IT awards = \$49 recert fee in 2011; Examiner & Mentor certifications recertified for free along with the corresponding Instructor award).**

*Effective May 2011*